



Cumbria Organic Gardeners and Farmers

**Soil - The Magic Beneath our Feet:
Engaging the Sixth Sense in our Gardens**

Sunday 25th October 2.00 p.m.

Newbiggin Village Hall, Penrith CA11 0HT

**A talk by Sheila Das,
Head of Parks and Gardens with the National Trust**



Come to hear Sheila's talk about her passions - soil and growing food.

Sheila studied at Kew, worked for English Heritage, and was a garden manager at RHS Garden Wisley with responsibility for Education, Edibles, Seed and Wellbeing until she joined the National Trust.

Free for members. To book online, sign in using the MyCOGF link and your email address.

Tickets for non-members of COGF: £5, refreshments included (or join COGF for £7.50)

Tel: 07551657618 or email cogf.kath@gmail.com